Dogs as Support & Motivation for Physical Activity & Health

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Wednesday, April 10th at Noon
Cummings School of Veterinary Medicine at Tufts University
Agnes Varis AUDITORIUM (AVA)
in the Campus Center

Members of the public are invited to this seminar at no charge

Join us on campus or remotely!
http://vet.tufts.edu/capp/animal_matters/

In this talk, Dr. Potter will review the state of the science on dog ownership and physical activity and discuss future directions for the field. Dr. Potter will also discuss two pilot intervention studies completed in her lab, one testing obedience training as a means to increase dog walking behavior among inactive owners, and one pairing non-dog owners with foster dogs to prospectively examine how taking a dog into one’s home affects physical activity and psychosocial well-being.

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